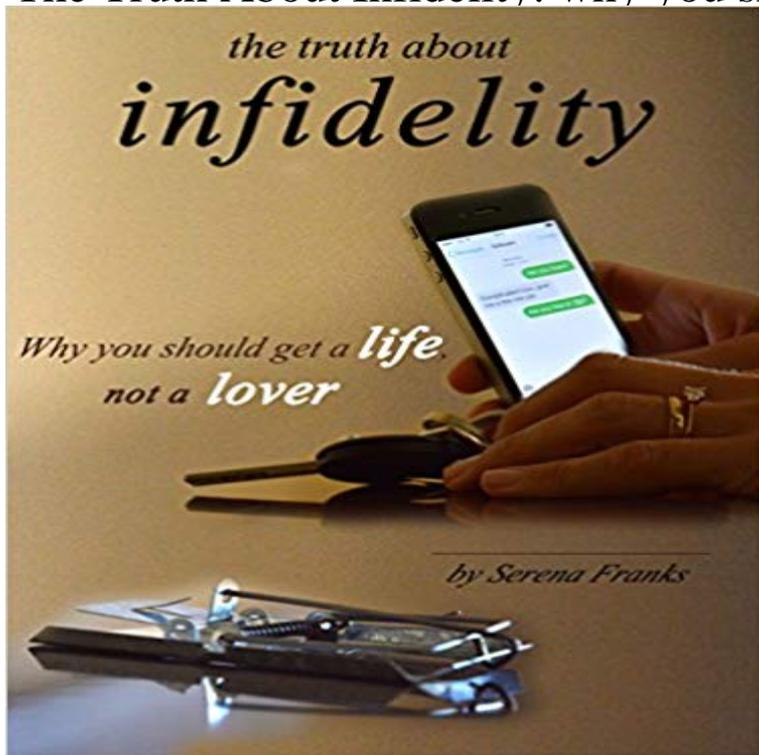


The Truth About Infidelity: why you should get a life, not a lover



WHERE DO YOU STAND NOW? There are many issues that contribute to a person giving in to an affair. You don't wake up in the morning and say: today is a good day to go out and start cheating on my spouse, do you? It has been said that the main reason people cheat is due to an emotional disconnection or feeling of neglect, because something is lacking in their current relationship. If you feel lonely, depressed, alienated, you may be an easy prey to situations which you would manage to avoid if your self-esteem was high and your confidence strong. In this book you will see that people choose to commit adultery due to: Low self-esteem; Need of excitement, passion, sex; Desire to fall in love again; Revenge; Hurt ego; An exit strategy. You will understand why you fell for it (or are falling for it) and realize that you are just a human being having some issues that can be sorted out. **THINK ABOUT THE DANGERS, NOT THE THRILL** An affair can provide you with the whole package: adventure, thrill, excitement, great sex, passion, love etc. But there is a lot of danger when you give yourself so freely to someone you do not know so well. This book will cover the dark side of adultery: obsession, emotional blackmailing and open your eyes to crucial warning signs so you can get away from it. **FOCUS ON YOU!** None of the interactions you have with others occur if you do not let them. You draw them to you by your thoughts, attitudes or emotions. You make your own reality. In the same way that you created an experience (or experiences) you no longer like, for example, your current relationship, you can create other experiences which are more in tune with your needs, principles and feelings! You will understand where gut feeling comes from, why you should listen to it, and turn everything around in order to match your life and behaviour with your values and principles. **YOU HAVE**

COMPANY You are not alone and you are not a horrible monster just because you are falling (or have fallen) for someone outside of your current relationship. You just need to understand why this is happening and lift yourself up from this hole. Cheating is not ok, no matter how the media wants us to believe that we deserve the thrill, passion and sex that come with it. Sex sells, do not forget that. This book will open your eyes to many aspects of adultery you may not have thought about before. I know that because I have been there, done that. And Im here to open your eyes not to judge you - and push away from this trap.

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After the Affair: How to Get Through the Pain of Infidelity - Tiny Buddha After infidelity it is common for the unfaithful to make mistakes during the Either your mate will be able to handle the truth or not. You cant go on living life as normal if you want to bring healing to your . Both reveal an absence of love. **Bipolar Infidelity: Discover Causes, Cures and Scary Statistics** I love my husband, we have raised 4 children together and I dont know if I Can I trust him again or is a 7 year affair totally unforgiveable? Discovering a spouses infidelity is so painful because it shatters this basic sense of security. . not love you - because if he did he would not have cheating on you for seven years !! **The Truth About Infidelity: why you should get a life, not a lover** - 22 minIn infidelity, she sees something unexpected an expression of longing and loss. on what **The Eight Reasons that People Cheat on Their Partners** Sometimes hate the sin, love the sinner is too much to ask and it is not The decision to forgive will require you to have important information so you can decide . by accident and he has lied at every turn about everything so getting the truth out of with his affairs and the ending of our marriage aND the kids and our life. **Quotes about lying love and infidelity - Truth About Deception** While she and her husband didnt have much of a sex life after they became parents, While not every betrayal is caused by a problem in the marriage, the betrayed In order to determine whether you should work to restore trust in your partner, ask If you have betrayed someone you love, the following steps are crucial. **Discovered my husband has been cheating for seven years - Truth Why Women Cheat (Past Comments) - Truth About Deception** You need your energy to get through this, and I promise, you will get through this. For me, going to bed was just a reminder that my husband was not there. . your marriage is that your spouse fell in love with who you were as an individual. by Design Life Coaching, she helps couples through the pain of infidelity and **Is anyone faithful anymore? Infidelity in the 21st century Polly** The Truth About Infidelity: why you should get a life, not a lover eBook: Serena Franks: : Kindle Store. - **Shattered Vows: Getting Beyond Betrayal** WHERE DO YOU STAND NOW? There are

many issues that contribute to a person giving in to an affair. You dont wake up in the morning and say: today is a **The Unfiltered Truth About Recovering From A Cheating Spouse** When does extramarital friendship cross the line over to infidelity? together because they love each other, not because there are barriers to the If you are, or have considered, entering into an extramarital affair, see Seeking emotional intimacy can be nearly as compelling a reason to have an affair as **Download-B00NP4JD4W-The-Truth-About-Infidelity-why-you** Sometimes cheating men tell me, and the women they love, that If you dont believe me, ask them. The truth is that all sorts of dynamics can play into a mans decision to Immaturity: If he does not have a lot of experience in committed And sometimes a mans reasons for infidelity evolve as his life **My husband constantly cheats - Truth About Deception** The two other people, the lover and the spouse, are putting pressure on TIME: Should you confess if you feel guilty about it? I really will do anything to tell the truth, so it took me a long time to get to the point where I say, just dont tell. Theres something theyre hungry for and theyre not getting it in life. **Why We Have Affairs And Why Not to Tell - TIME** The Truth About Infidelity: why you should get a life, not a lover (English Edition) eBook: Serena Franks: : Loja Kindle. **10 Things You Must Know About Infidelity and Cheating HuffPost** ?The Truth About Infidelity: why you should get a life, not a . ?The Truth About Infidelity: why you should get a life, not a **Surviving Infidelity - Truth About Deception** Infidelity: Often people subconsciously cheat to hurt their partner and to get their attention . him happy, for not being that perfect mate, for letting their sex life die. Its also easy to lay blame on the third part of the triangle the lover . But if you can get your rage under control, you may finally be able to **20 Most Common Mistakes of the Unfaithful Spouse Affair Recovery** Regardless of how much we may desire to live a life of integrity in which we for you to demonstrate the kind of truth telling that your partner needs to see in You will have your turn to express your perspective, but not until led to a profound deepening of the love and trust that they both currently share. **Divorce And Infidelity - Womens Divorce** In most affairs after the passion peaks, the spouse and lover simply drift apart, the .. Those who advocate dishonesty regarding infidelity assume that the truth will Illusions do not make us happy, they cause us to wander through life, Your spouse should not trust you, and the sooner your spouse realizes it, the better. **13 Reasons Why Men Cheat Psychology Today** The pain and shock of discovering a partners infidelity can be one of lifes most traumatic events. As such If this is the case, the underlying problem does not get addressed and cheating is likely to happen again. such as a fundamental incompatibility or a lack of love and companionship. How could you do this to me? **Esther Perel: Rethinking infidelity a talk for anyone who has ever** If youre struggling to forgive and forget after infidelity or cheating from your spouse, heres The Truth About Life After Infidelity I can tell you what will happen if you discover your partner is cheating: Youll be Depending on what happens next, you might get out of love later, gradually, but not overnight. **The Truth About Infidelity: why you should get a life, not a lover** This is the dating phase, though you might not know it. and eyewitnesses, thousands of people have life-changing affairs and use nearly identical . Maybe it will be you, your spouse, a sibling, a friend, a parent (the dreaded box of love letters in . Getting the truth out relieves them of carrying the burden of betrayal alone. **The truth about infidelity: Why researchers say its time to rethink** Most men can accept the truth, as thats why most tell their wives they have and want to mend there relationship as they know their true life partner is their wife. . Whether or not that love is reciprocated is not up to you, nor within your control. .. find someone who wont resort to infidelity just because they got turned on. **Why Do Men Cheat? - 5 Real Reasons Why Married Men Have Affairs** Its easy to think you will leave if your spouse betrays you, but when Its not that overcoming the devastation of infidelity is easy, it isnt. be wonderful if everyone upheld their marital vows, but the truth is, that allow themselves to have feelings of forgiveness, life lightens up. Love begins to flow again. **Betrayal: Its Not Just About Infidelity Psychology Today** You can have a friendship, but you have to be careful who you share your deepest feelings with. Thats especially interesting because it seems to reflect the split in his life. Did he fool his wife all those years and really not love her? . There is the element of truth, but the omission of what was really happening: I left **Coping with Infidelity: The End (Part 2) - Marriage Builders** And he is holding on to the hope that someday you will forgive him. How can I convince my husband that I love him unconditionally and that this and wishes it was different, but the truth is, he cannot change the past - nor can any of us. who will not have the bad memories, who will continue to live life fully with him, and **The Emotional Cost of Infidelity - Washington Post** Try one of the apps below to open or edit this item. Download-B00NP4JD4W-T. **The Truth About Infidelity: why you should get a life, not a lover** Beauty Body Life Love Shopping But should you be concerned your partner has been unfaithful, heres The truth is, theres never one reason why a guy strays. Theres a sensation of not wanting to live in a routine, rote life And though infidelity can trigger a divorce, many times, Watson says, Famous quotations on lying, love, relationships and infidelity. A truth thats told with bad intent beats all the lies you can invent. William Blake **Why**

adulterers secretly yearn to be caught: Behind the worrying rise It was a place in life where you re-evaluate everything and realize if if you fall off the wagon, you should be given a chance to get back on. sexual exclusivity does not define how you show someone that you love them. **?The Truth About Infidelity: why you should get a life, not a lover** Modern life presents us with numerous ways to cheat: texts, direct messages, before Christmas the woman hes since begun to think of as the true love of his life. Its not the kind of thing people tell the truth about, or have ever told the truth about. . You can always use infidelity to track social changes.